

Results from “THE NEW STRONG”

Rose Rosetree’s book contains “Rules & Tools for Thriving in the Age of Awakening”
Put them all together and they add up to Rose’s [Program for Easy Vibrational Balance](#)

Here are comments from people like you.
(You’ll find more inside the book, at the start of “THE NEW STRONG”)

Rose Rosetree makes your journey real. She brings clarity into your life with skill sets that are simple yet very powerful -- and for me, life-altering.

What did I personally gain from Rose’s work? Emotional and mental clarity grew, and they kept building until I realized that I finally had found my authentic self.

-- Pantelis Levantis, Queens, New York

Rose helped me to stop looking for answers in the proverbial tea leaves and start to make real human-based decisions. This has brought me back to reality and back to focusing on my everyday human needs. I have been able to stop using energy tools to cope, and have begun to actually FIX some really unhealthy relationships.

Now I am focusing my attention on myself and enjoying what I can from people ... healthily leaving the rest behind.... realizing that it's not my job to fix anyone (and not possible, either).

What a relief it's been to not have to work so hard! As a result, both my relationships and my life are all the more enjoyable.

-- Elizabeth Artois, Stockbridge, Georgia

Since overcoming spiritual addiction, quite a few things have improved in my life. The main thing is, now I am in a higher-paying job with significantly more responsibility.

At work I am able to use my personal power more easily, and I manage colleagues more effectively.

Also I've seen improvement in my relationships with family and friends. I can relate to people a lot better now, which has resulted in a more active and enjoyable social life than before!

-- Hari Patel, London, England

For me, yesterday’s idealism is today’s committed action.

-- Julie Blake Edison, Middleburg, Virginia

Here are 10 ways I've changed since following Rose's recommendations to move out of spiritual addiction:

1. Ended a dysfunctional relationship of 11 years.
2. Established relationships that have a much better balance of give and take.
3. Sex has become a lot more enjoyable (and more intimate) (and passionate).
4. All relationships have changed because I've stopped needing to be the center of attention.
5. And I no longer feel that I have to prove anything to anybody.
6. At work I'm better able to focus, so I get a lot more done.
7. Exercise is easier. My body has become lean and muscular.
8. Instead of pursuing psychic development, I'm now paying attention to human-type reality.
9. Even though I had hundreds of students for my Tarot Course, I stopped selling it. That kind of work kept distracting me from regular living as a human being.
10. Anyhow, I've been making a much better income all around.

Not bad!

-- J. D. McKinney, Tampa, Florida

Once upon a time, I was the quintessential New Age seeker. And, believe me, it was fascinating to "upgrade" human life through psychic readings, angel readings, etc. I was noticing energy more than people.

A year later I am myself more than ever before... and that means feeling more human. Relating to other people is easier because my first reaction is to relate to them as human beings, too.

Has all this kept me from being a spiritual explorer? Hardly. It's more that my human wants and needs are now included in what I hold sacred. My process of growing spiritually is a uniquely personal adventure, and I keep discovering more.

-- Coralie Bob, Iqaluit, Canada

It was a relief to find your work, Rose, and to learn there was something I could do about the discomforts I had felt since completing craniosacral training. Among other problems, much of the time I felt dissociated. Now? Not.

You're sharing very helpful information to the world. No one in my circle is quite ready for this work, but I suspect they may be very soon.

-- John Chang, Vancouver, Canada

I'm a single mother with way too much to do every day. In the past when I would get overwhelmed, I used to try and fix things by working on myself. That only made my problems worse. Now I use Rose's Program for Easy Vibrational Balance.

So, what does "The New Strong" mean to me? As long as I stay in objective reality and address problems in reality, I know I'm going to be okay.

-- Beth Silver, Pennsylvania