

“THE NEW STRONG”

<http://www.rose-rosetree.com/new-strong-book.htm>

Glossary

- * **AGE OF AWAKENING** * An era in human history that began with The Shift, on December 21, 2012.
- * **ASTRAL VIBRATIONAL FREQUENCIES** * Most types of energy that a human being notices, including flower fairies and angels, most of what's in human auras. Also what people discover when they read energies as a beginner and “pick up vibes.”
- * **AURA** * The human energy field.
- * **AURIC MODELING** * On a subconscious level, everyone reads auras. They're constantly on display, like the outfits worn by runway models in a fashion show.
- * **CONSCIOUSNESS LIFESTYLE** * A habitual way of living that impacts how a person's consciousness is positioned.
- * **DIVINE VIBRATIONAL FREQUENCY** * A perfect kind of energy. It is in God, in Jesus and other Ascended Masters; in Archangel Michael and other archangels; and a bit of that is in your own aura as well.
- * **EARTH SCHOOL** * A learning planet that offers great rewards, one of the tougher spiritual academies.
- * **ENERGETIC LITERACY** * Accurately reading the human energy field in detail.
- * **ENERGY HEALING SKILLS** * Understandings and techniques that prove effective for permanent healing of energetic imbalances. The field of Energy Spirituality addresses stuck energies that detract from emotional and spiritual wholeness.
- * **ENERGY READING SKILLS** * A kind of literacy, like reading this paragraph now, only about energy.
- * **ENLIGHTENMENT** * An everyday state of consciousness where you are living your full potential, strongly connected to spiritual source. Energetically, in a spontaneous way, you're of greatest possible service to others. Living The New Strong can help get you there.
- * **EXTRA-TERRESTRIAL ENTITY (ETs)** * Astral beings who have incarnated in worlds that are not Earth. When they travel here, from our perspective, they are ETs.

* **HIGHER SELF** * This is the wise mind within. It looks out for the rest of you.

* **HUMAN VIBRATIONAL FREQUENCIES** * Central to human experience, including what we find in objective reality and surface-level subjective reality. Not including energy, except for the kinds of energy that impact physical matter, like calories, temperature, volts.

* **HUMAN-BASED SPIRITUALITY** * A consciousness lifestyle with healthy positioning of consciousness, helpful for human achievement, spiritual growth, and psychological self-actualization.

* **MULTI-TASKING WITH AWARENESS** * What happens when a person engages in conversation with others while secretly “working on” himself or herself, for the purpose of self-improvement.

* **NEW AGE YEARS** * The years just preceding the shift into the Age of Awakening, from 1980 to December 21, 2012. This time was characterized by the most accelerated vibrational changes on earth in human history.

* **POSITIONING CONSCIOUSNESS** * Given the three levels of vibrational frequency that human beings can easily access in the Age of Awakening, at which of these levels is a person paying attention at any given moment? This subtle but important consideration, impacts a person energetically and also psychologically.

* **PROGRAM FOR EASY VIBRATIONAL BALANCE** * How to supplement what you’re already doing for self-growth... by powerfully waking up your experience of yourself, rebooting your effectiveness at everyday life, and helping you express your soul more fully than ever before.

* **PSYCHOLOGICAL OVERWORK** * Energetic imbalance brought about by doing too much personal development work of a psychological nature.

* **REMOTE NEGATIVE THOUGHT FORMS** * An annoying kind of STUFF that has become common in the Age of Awakening.

* **ROSETREE ENERGY SPIRITUALITY (RES)** * A form of energy healing that emphasizes emotional and spiritual development. Distinctive skill sets are involved, including 12 Steps to Cut Cords of Attachment® and Vibrational Re-Positioning®.

* **STUFF** * Stored emotional and astral debris at the astral level within a person’s aura, a level that corresponds to the person’s subconscious mind. RES has identified 15 kinds of STUFF, supplementing discernment with targeted techniques for permanent removal of each kind of STUFF.

* **TECHNIQUE TIME** * Dedicated time for personal development that you do on purpose... and gauge with a watch, not “When I feel like I have done enough.”

* **THE NEW STRONG** * Living as a rapidly growing human being who is well adapted to living in the Age of Awakening.

* **THE SHIFT** * What happened on earth on December 21, 2012; the start of the Age of Awakening.

* **SPIRITUAL ADDICTION** * Energetic imbalance brought about by doing too much personal development work of an energetic or spiritual nature.

* **THE VEIL** * An energetic barrier that used to prevent human awareness from traveling effortlessly to astral and Divine vibrational frequencies. In metaphysical language, this is “The veil.” In psychological language, it’s “The psychic barrier.” Either way, as of December 21, 2012, it is gone.

* **VIBRATIONAL FREQUENCIES** * Different kinds of energy that are often confused by beginners. The three main types of vibrational frequency are human, astral, and Divine