

*AN EMPATH EMPOWERMENT® BOOK*

# The Master Empath

TURNING ON YOUR EMPATH GIFTS AT WILL

– IN LOVE, BUSINESS AND FRIENDSHIP

(Includes Training In Skilled Empath Merge)

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# Energetic Workarounds and Techniques

What is an **ENERGETIC WORKAROUND**? It is a significant way to overcome problems.

By comparison, tips and coping methods are more superficial. A fully realized energetic workaround will re-orient your awareness, causing you to use your empath gifts more effectively. An energetic workaround can even change your life.

Admittedly an energetic *workaround* designed to help empaths is less powerful than a dedicated *technique* for empaths, which holds the power to transport and transform your consciousness.

To clarify the difference, here's an analogy. Imagine that you are working on a project with your computer. Something doesn't go quite right. Again and again you try to make that software work. It just won't.

- ☞ A tip, or coping method, might be to call a help desk.
- ☞ For a workaround, you would take a different approach to solving your problem, maybe do something unusual with the software. Unusual but, hey, it works. Besides, there are no ill effects.
- ☞ A technique would be more like going into the computer software; finding the buggy code and fixing it. Or you might read and follow technical instructions from an expert. Thus you overcome a problem for keeps.

Awakening Empath, I have focused for years on developing expertise about consciousness and how to systematically develop consciousness-related, practical skills like Empath Empowerment®. In general, I'm no big fan of coping strategies or tips. However, I do believe in the power of a well-constructed workaround. I'm

glad to share a number of them with you here, in addition to dedicated techniques.

1. *I Want To Hold Your Hand*. My favorite technique for Skilled Empath Merge. — CHAPTERS 4-6.
2. *Deep Listening*. Gain insight by exploring your partner's Heart Chakra. — CHAPTER 7.
3. *Emergency Disconnect from Skilled Empath Merge*. Energy hygiene on demand. — CHAPTER 7.
4. *Find Your Truth Sight Research Tool*. Thanks to this technique, you'll never need glasses for 20-20 wisdom. — CHAPTER 8.
5. *Shallow Up Quickie*. Such an easy energetic workaround for positioning consciousness back at regular, human frequencies! — CHAPTER 8.
6. *Self-Discovery with Truth Sight*. You don't need a magic mirror from Hogwarts to have fun with this. — CHAPTER 9.
7. *Another Super-Easy Way to Turn Empath Gifts OFF*. Here's a fabulously effective energy workaround you can use just about anywhere in the world. — CHAPTER 9.
8. *Truth Sight For Advanced Empath Merge*. This visual technique provides quick entry into the experience of being your chosen "Discovery Person." — CHAPTER 10.
9. *Incognito Truth Sight*. Purposely initiate skilled empath merge with just about anyone who is in the room with you. — CHAPTER 11.
10. *Truth Sight for TV*. An amazing form of Remote Empath Merge that piggybacks on your prior experience at watching television. — CHAPTER 13.
11. *Locate A Handy Tool For Remote Empath Merge*. Learn one more technical skill to help you become a Master Empath. — CHAPTER 14.
12. *Truth-Touching Empath Merge with TV*. And you thought that, previously, you saw something on TV that touched you? Ha, surfacey by comparison! — CHAPTER 15.

13. *Remote Empath Merge through a Photograph.* Even a muggle can make photos move this way, provided that you're the kind of non-wizard who is a skilled empath.  
— CHAPTER 16.
14. *Five Extra Apps for a Master Empath.* Custom tweak your exploration, researching people for love, business, and friendship. — CHAPTER 18.
15. *Film Research as a Master Empath.* World-class actors change in ways that only a skilled empath can fully savor.  
— CHAPTER 18.